

Debt Support and Advice

- National Debt Advice Line

<https://www.nationaldebtline.org/>

Telephone: 0808 808 4000

- Islington fuel and water bill debt

Telephone: 0800 953 1221

Email: energy.advice@islington.gov.uk

- Credit Union—is a not for profit co-operative committed to promoting saving rather than borrowing by providing secure savings accounts and having payments deducted directly from your salary or your bank.

<https://www.credit-union.coop/index.asp>

Telephone: 020 7561 1786

Email: info@credit-union.coop

- Islington People's Rights (IPR) – provides free specialist advice, casework and representation in welfare benefits and debts.

Email: info@iprAdvice.org.uk

<http://www.iprAdvice.org.uk/>

Telephone: 02075613685

- Islington Advice Line – provides confidential and free advice for people with debt problems.

Email: admin@ircjAdvice.org.uk

Telephone: 020 7288 7676

- Islington Council benefit support– provides free advice and support for benefits.

Email: claimit@islington.gov.uk

Telephone: 020 7527 4990

- Get Set – A financial well-being project for Islington families.

<https://www.getset.org.uk/>

Telephone: 02089835043

Email: getset@qsa.org.uk

- Citizens Advice Budget Tool

online tool

<https://www.citizensadvice.org.uk/debt-and-money/budgeting/budgeting/work-out-your-budget/>

Form pdf version

https://www.citizensadvice.org.uk/Global/Migrated_Documents/adviceguide/d-budget-sheet.pdf